



Quebec Vipassana Centre

810, Côte Azélie, Notre-Dame-de-Bonsecours, Montebello (Québec) J0V
1L0 514 481-3504 • Fax : Registration
514 879-3437 • www.suttama.dhamma.org

Registration package for Children's and/or Teenagers' Meditation Course

For you, we have enclosed :

- The Sample Schedule;
- the Code of Conduct (to be read carefully);
- and the Application Form.

For your parents, there is :

- The Parent or Guardian Information Sheet;
- Permission Form;
- and Medical Form.

Please ask your parents to complete the **Permission Form** and **Medical Form** and then send them to us at the address below along with your **Application Form** which you have filled out by yourself.

When your application has been approved, we will send you an Acceptance Letter. This letter will include a list of what you will need to bring, as well as directions to the Center.

If you and your parents have any questions, please call (514) 481-3504.

We look forward to seeing you.

Quebec Vipassana Centre
Children's and Teenagers' Course Committee
810, Côte Azélie
Notre-Dame-de-Bonsecours
Montebello (Québec)
J0V 1L0
Tel : (514) 481-3504
Fax : (514) 879-3437
E-mail : cct-registration@suttama.dhamma.org